

PATROL RATION PACK



What is this?

Over the last 12 months, as a result of feedback that has been provided regarding the suitability of current ration options to support training activities, we have been working alongside our partner Lockheed Martin to develop and introduce a new shelf stable meal called the Patrol Ration Pack (PRP). The PRP has been designed to provide a viable alternative to the cut lunch or hot box type of meals and used on activities where you have access to fresh food for other parts of the day. A typical scenario would be to have breakfast and dinner in camp and the PRP would provide approximately one third of the daily energy requirements to fill the nutrition gap between those meals.

What have we done?

During February to March this year we ran trials of the PRP in the field using students and staff from a number of training courses. Over 190 personnel participated in the trials with some great comments and suggestions provided in the questionnaires and debriefing sessions. All of the trials were successful and overall the PRP concept was very favorably received. A big thanks to those of you who participated in the trials!

Where are we at?

Following the trials some positive changes were introduced based on the feedback received. We took into account the product likes and dislikes as well as the suggestions on things such as serving size, preferred means of consumption, ease of use of packaging, preferred component combinations, use of jack rats, damage to components and issues to do with cleaning up and rubbish disposal. The final four packs provide three hot options (Menus A, B and C) at \$12.45 each and a ready to go option (Menu D) at \$9.15. Menus A, B and C each contain a Flameless Ration Heater (FRH) to heat the main meal retort pouches.

Where to from here?

We will now introduce the PRP onto the SAP SRM Catalogue under the Shopping Cart location of Ration Packs and Hexamine Stoves (Lockheed Martin). This is the same SRM location as the 24 hour Operational Ration Pack. Orders for the PRP can be placed straight away however the PRP will not be ready for delivery or pick up until 1 Jan 17. The minimum order quantity will be individual boxes each containing 20 PRP units of the same menu.

Key benefits of the Patrol Ration Pack?

The PRP is seen as a versatile and flexible feeding option that can be incorporated into a ration plan as a replacement for a fresh cut lunch, hot box or as a fourth meal or supplementary meal for high intensity activities. It could be considered for use overseas during exercises and deployments, including HADR missions. The minimum shelf life for each PRP at the required delivery date is 3 months therefore providing

enhanced food safety in comparison to high risk fresh foods in certain conditions. If you have some in your store then the PRP is flexible for short notice tasks as well as being able to be returned to store if tasks are cancelled at short notice. The PRP has a higher total energy value than a standard cut lunch and contains branded products that are known, liked and trusted.

What do they look like?

The four final Menus A, B, C and D as shown on the SRM Catalogue are listed below. Also shown below is a sample selection of the PRP components used on the trials.

For more information?

For more information on this exciting new meal concept, contact Major Nicola Martin, Dietician, Joint Operational Health Group on Internal (347) 7288.

MENU A	MENU B	MENU C	MENU D
Retort Pouch – Beans Bangers and Bacon	Retort Pouch – Mexican Chicken and Corn Salsa	Retort Pouch – Chicken Tortellini	Chocolate Oat Power Bites
Strawberry Fruit Grains	Tropical Trail Mix	Banana Chips	Raspberry Fruit Bar
Custard	Custard	Teriyaki Beef Steak Bar	Original Beef Steak Bar
Lightly Salted Cashews	Peanut Butter Slug	Cranberry Nut Mix	Honey Roasted Peanuts
Chocolate Bar (Dark Ghana)	Chocolate Bar (Dark)	Chocolate Bar (Milk)	Chocolate Bar (Peanut Slab)
Cream Crackers	Cream Crackers	Apricot Chocolate Power Bites	Nuts and Ancient Grains Scroggin Mix
Isotonic Sports Drink	Isotonic Sports Drink	Isotonic Sports Drink	

